



Heron Inn

### Starters

Antipasti Platter - selection of Cured Meats with homemade Olive Tapenade, Crusty Bread and Mixed Leaves *	£6.50
Spicy Breaded Crab Cakes with a Sweet Chilli Dipping Sauce and dressed Mixed Leaves	£5.50
Warm Bread and Hummus with Balsamic Oil and our own Marinated Olives (v) *	£5.25
Homemade Creamy Garlic Mushrooms with Crusty Bread (v) *	£5.25
Homemade Soup of the Day with Crusty Bread (v) *	£4.95

### Main Courses

Cornish Sirloin Steak, cooked to your liking, served with Chips, Grilled Tomato, Mushrooms and Peas	£13.95
Pan-fried Chicken Breast with a Chilli, Lime and Garlic Butter, Baby Cornish Potatoes and Salad	£11.25
Local Gammon Steak with a fried free-range Egg, Chips, Peas and grilled Tomato	£11.25
Local Rack of Bar B Q Ribs with Chips, Salad and Onion Rings	£10.95
Locally made Cornish Beef Burger topped with Blue Cheese and Mushrooms, served in a toasted Roll with Chips, Salad and Red Onion Jam	£10.75
Locally made Honey Roast Pork Sausages with creamy mashed Potato, homemade Onion Gravy and Vegetables	£9.95
Fish and Chips – Large Fillet of Haddock in homemade local Ale Batter, with Chips and Peas	£8.50
Pasta with a homemade Four Cheese, Basil and Sun-dried Tomato sauce, with Garlic Bread (v)	£8.25
Homemade Beef Lasagne with Garlic Bread and dressed Mixed Leaves	£8.25
Homemade Chickpea and Vegetable Curry with Rice and Naan Bread (v)	£8.25
Nachos topped with Tomato Salsa, Jalapeno Peppers and melted Cheddar served with Sour Cream and Guacamole (v)	£6.25

Please see our Specials Board for our selection of fresh local seafood



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## FOR THE LITTLE ONES

Toasted Pitta Bread fingers and sliced Peppers and Cucumber with a Hummus Dip (v)	£3.50
Pasta with a Tomato Sauce and Garlic Bread (v)	£4.25
Breaded Chicken Breast Goujons, Chips and Baked Beans	£4.95
Homemade Spaghetti Bolognese with Garlic Bread	£4.95
Giant Battered Cod Fillet Fish Finger with Chips with Peas	£4.95
Two Pork Sausages, Mashed Potato and Baked Beans	£4.95

## ON THE SIDE...

Dips: 65p

Sweet Chilli, Garlic Mayonnaise, Sour Cream,  
Fruit Chutney, Guacamole and Salsa

Baked Beans £1.00

Roll and Butter £1.75

Marinated Olives £1.95

Onion rings £2.00

Chips £2.00 with Cheese £2.35

Garlic bread £2.50 with Cheese £2.85

Selection of Vegetables £2.75

Side Salad £2.75

\* = Gluten Free versions available please ask bar staff for full details

(v) = Vegetarian

All dishes are subject to availability

Prices include current rate of VAT